

Bridgewater-Raynham Regional School District Health Services

District Protocol for Physical Restrictions during Academic Day

- All students with a chronic health condition that impairs their mobility,(Muscular Dystrophy, Spina Bifida, congenital anomalies, etc.), will have an Individualized HealthCare Plan and an Emergency Safety Plan.
- Any student who arrives at school with a casted extremity, or wearing a splint, immobilizer or boot,shall be sent to the school nurse for the development of an IHCP or Accommodation Plan as needed. Teachers will be notified of any accommodations that have been put in place. If parents have immobilized an extremity without consulting a physician, a phone call will be made to the parent for clarification.
- Any student with a casted extremity or wearing a boot, immobilizer or splint will **not** be allowed to participate in Physical Education or recess to ensure their safety and the safety of others.
- In order to resume all activities, the student will need a note from their doctor. Doctor's notes will indicate when a child may resume full participation in all activities. **It is full participation or no participation.**
- Students will be excused from Physical Education (due to illness or injury) if a note is sent from the parent. If subsequent days are needed limiting activities, a doctor's note will be required.

The school nurses will assess each individual student using sound professional nursing judgment. Any questions regarding this protocol can be directed to the Nurse Leader or Building Administrator.